Five Love Languages

1. Words of affirmation

This language uses words to affirm other people. For those who prefer the words of affirmation language, hearing "I love you" and other compliments are what they value the most. Words hold real value within this language. Furthermore, negative or insulting comments cut deep — and won't be easily forgiven.

2. Quality time

This language is all about giving the other person your undivided attention. Unlike the words of affirmation language, talk is cheap and being a loved one's focus leaves quality timers feeling satisfied and comforted. Distractions, postponed dates, or the failure to listen can be especially hurtful to these individuals. Being there for them is crucial.

3. Receiving gifts

What makes the other person feel most loved is to receive a tangible gift. This doesn't necessarily mean the person is materialistic, but a thoughtful present makes them feel appreciated.

4. Acts of service

For these people, actions speak louder than words. People who speak the language of service want their partner to recognize that their life is rough and help them out in any way possible. Lending a helping hand shows you really care. People who thrive on this language do not deal well with broken promises — or perceived laziness — and have very little tolerance for people who make more work for them. Basically, if you're not willing to show your appreciation by doing them a favor, you're saying you don't value them.

5. Physical touch

To this person, nothing speaks more deeply than appropriate touch. That doesn't mean only in the bedroom — everyday physical connections, like handholding, kissing, or any type of re-affirming physical contact is greatly appreciated. A person who speaks the language of physical touch isn't necessarily an over-the-top public displays of affection, but getting a little touchy-feely does make them feel safe and loved. Any instance of physical abuse is a total deal breaker.

Rank Your Preference	Rank your Partners Preference
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